



Welcome BACK TO SCHOOL

School Lunches:

- Pasta with a side of fruit.
- Chicken Nuggets with cucumber and apple slices.
- Cheese Quesadilla with salsa and a side of strawberries.
- Mac n Cheese with a cup of fruit, carrot sticks, and ranch.
- Peanut Butter and crackers with apples, and a cheese stick.
- BLT on Hawaiian rolls with fruit leather, cheese stick, and apple.
- Stuffed bell peppers with cream cheese, chips, and fresh berries.
- Peanut butter and Jelly with string cheese, a fruit cup, and chips.
- Turkey and Cheddar roll-up with fresh berries, yogurt, and trail mix.
- Bagel and Cream cheese with yogurt, baby carrots, and fruit snacks.
- Bean and cheese burrito with rice and baby carrots and bell pepper bites.
- Peanut butter and banana tortilla roll up with applesauce and celery sticks.
- Hard boiled eggs with baby carrots and ranch, pretzels, and peaches or applesauce.
- Chicken Noodle Soup packed in thermos, with crackers, apple slices, and granola bar.
- Cracker sandwiches made with deli meat, cheese, crackers, and their favorite juice, packed with fresh berries.

School Snacks:

- Yogurt
- Popcorn
- Trail mix
- Fruit cup
- Granola bar
- Fruit leather
- Banana chips
- Blueberry muffin
- Oatmeal raisin cookie
- Turkey and cheese rollup
- Peanut butter and crackers
- Peanut butter and apple slices
- Peanut butter and honey sandwich
- Carrots, cucumber, and celery with ranch
- Strawberries, grapes, and cheese squares